THE GIRL

Who Just Wants to Be Held

Poems About Longing by: Celeste Carsello © 2025 Celeste Carsello, All Rights Reserved

How I learned how to hold myself, told through poems created out of longing. Made to held you, the reader.

Stay as long as you need. Come again if you leave. You are held here.

All The Good, The Girl Celeste

TABLE OF CONTENTS

The Girl Who Just Wants To Be Held

1. The Girl Who Thought She Was Enough 2. The Girl Who Loved the Man She Didn't Like 3. The Girl Who Gave Herself Away 4. The Girl Who Never Sent the Letter 5. The Girl Who Couldn't Stop 6. The Girl Who Didn't Know Who He Was Anymore 7. The Girl Who Loved Him 8. The Girl Who Repeated His Name 9. The Girl Who Waited for Coercion 10. The Girl Who Wanted to Be Pretty 11. The Girl Who Couldn't Trust Herself 12. The Girl Who Pretended to Be Happy 13. The Girl Who Took A Step Back 14. The Girl Who Didn't Know What She Wanted 15. The Girl Who Knew He'd Come Back 16. The Girl Who Protected Herself 17. The Girl Who Loved and Left 18. The Girl Who Longed for Feeling 19. The Girl Who Wanted to Be a Ghost and a Flame 20. The Girl Who Crumbled in the Chrysalis 21. The Girl Who Fell into Judgment 22. The Girl Who Loved Too Many Men 23. The Girl Who Always Got Picked Up at the End of the Night 24. The Girl Who Cried with Sparkly Eyes 25. The Girl Who Couldn't Let Go 26. The Girl Who Was an Easy Target 27. The Girl Who Became the Tree 28. The Girl Who Reached into the Iar 29. The Girl Who Wished She Knew

The Girl Who Thought She Was Enough

Am I pretty? Why didn't he want to kiss me In public? Am I hot enough to fuck Not hot enough to show off? Maybe to him. Problem is: I think I am so hot. I must be sad. Am I still in love with him? Yes. Do I care that he doesn't love me? Yes. Does that stop me? No.

The Girl Who Loved The Man She Didn't Like

The Man is The love of my life And I fumbled him. I'm still a good person But why do I love someone I don't like that much. I love him.

Use me. I love you. I don't care.

The Girl Who Gave Herself Away

Fools blood Blistered on my skin Beginnings are special For the ones who Are akin To a giver. Miss the longing lips Of ever present hate -Play a game of checkers-I have arrested myself And given everything to you. I hate you, And I love you. And I love that exact feeling.

The Girl Who Never Sent the Letter

(A Letter Never Sent)

Dear The Man, I do not know what the future holds. I do not know what is meant to happen Between us, Or what I want to happen Between us. But I know I am Worth more than sex. I know you are Worth more than you pretend to be. You are so afraid. Decide.

The Girl Who Never Sent The Letter

(A letter never sent)

You are so lucky To have met me. You know it too. That is why you use me. More than for sex. You have said you use me For what I teach you. The problem is, I do not want to be crazy. Although it is a great look I'm sure. You are lying to yourself. And you try lying to me.

The Girl Who Never Sent The Letter

(A letter never sent)

I've pretended to not see That you've been completely Done with Romance and me. Not because of your time, Or my illness. I've pretended that I hate you. I've pretended that I don't care. You are a liar. Not just to me, But most importantly Yourself.

The Girl Who Never Sent The Letter (A letter never sent)

I honestly hope The best for you I wish we could be friends. I really do. But I just don't feel the respect or Love that I want. I need. What I feel is toxicity and A motive to make me crazy. Or at least appear crazy. I feel you want me for sex, And do not care about My soul. I wish we could be friends. It's not that I would care about You being with other people. But I feel I am a burden to you. Let me know: When you have the time. Xoxo Peaches.

To: The Man From: The Girl

The Girl Who Couldn't Stop

What Why Why Why I can't stop No one can help me I am out of control. I know why My life Sucks. It is because I suck.

Why won't The Man Love me?

The Girl Who Didn't Know Who He Was Anymore

I miss Him. Who is He? Who is my love? Who will be my love? It is destiny I know. I love him.

The Girl Who Loved Him

I love The Man. He makes me happy.

The Girl Who Repeated His Name

I think I'm repeating the same thoughts Over and over In my head. Small A small bundle Of the same Thoughts. The Man The Man The Man Awake Awake Awake

The Girl Who Waited for Coercion

I just hope you're in Love Can't do what is tough Waiting for the coercion In everybody's Touch

The Girl Who Wanted to Be Pretty

I am something Valuable, Why can't you see? I love myself And I love the trees I'm a living being Tell me you think I'm pretty I bet you're on a mission.

The Girl Who Couldn't Trust Herself

I don't trust anyone Because I don't even Trust myself. Would it help if It wasn't about Sex? It is all the same Just different shades.

The Girl Who Pretended to Be Happy

The happiness I have been Feeling is fake.

Reasons to be sad: The Man will never Be with me Because He doesn't want to be. But do I want him to be? I feel so shitty. I feel negative and exhausted. I feel insecure and A fraud.

The Girl Who Took A Step Back

I'm going to take a day or two Before saying anything To The Man I need to think on it Before Doing anything rash. I became bad Because I was being good For The Man And then I decided He doesn't love me In the way I want him to And so I don't care anymore. But is that true? He is so loyal. So kind to me. He really cares about me. What do I want from him?

The Girl Who Didn't Know What She Wanted

You are not what I want In a partner. So why would I ask that of you? You are everything I want in a friend. So why would I push you away? Am I overthinking again? I need Time and space To think. Am I happy? Am I sad? Sometimes, Always, Both.

The Girl Who Knew He'd Come Back

He wants me back. I don't trust him one bit. I think he's crazy; Egotistical, manipulative, delusional. But for some reason I want to see him. I think I just want the thrill. I think I just want the thrill. I think I just want love. I think the part of me that loved him can't say no. I don't love him, I don't need him, I don't want him.

But

I love him, I need him, I want him.

Why did he have to text me? Why did I have to respond? I don't want to hurt like I did again.

The Girl Who Protected Herself

I don't trust him.

It's crazy. I can't believe Him. Why would he come back and say everything I wanted him to say. But I know it's a lie. Maybe to himself too. Either way it's not true. I must go the other way. Most likely he is pure evil. Maybe he is a physical manifestation of my relationship with the devil. When they told me the prophecy, they didn't flinch. Man, I miss you And even though love is there for you I must protect her.

The Girl Who Loved and Left

How sad We make the thought of goodbyes Of never seeing someone again. There are lots of reasons to not assign so much reason. Appreciating who we do have Being content with the now and moment The truth is, We all learned this true pain At some point in our lives, We felt this pain We survived this pain, And we became Okay with losing. And if we didn't we probably are still bitter and mad. The reasons not to.

The Girl Who Longed for Feeling

Why do I want this feeling away? Take notes instead, Figure out what's in my head Why does he have a hold Why will I give him anything And everything he wants It's the love I have desired It's so close It's near him I want what he can give me What he has given me before There's a hole in my chest That he dig and put himself But when he left That hole became just that A hole. I don't love him. I love the feeling he is capable of giving me.

The Girl Who Wanted to Be a Ghost and a Flame

I want to be the Person who doesn't need It: Being nothing And everything -- An instrument Being played In front of you

The Girl Who Crumbled in the Chrysalis

Hm that's true A distant fake relationship Is not as good as a Fixed one But what if that's all we get It would be weird to give up now. The exclusion of what we don't want But do we want it? The chrysalis of ego Crumbles at the thought Of uncertainty For all I know It exists how its existed No I disagree

The Girl Who Fell Into Judgment

I'm offended By your indiscretion of loyalty Praise me I have fallen Ah my skin has cracked Heal me My tired noose Perfection does not come From self perception The self falling on itself From others There is judgment Whether it be truth It is an answer And it's not a trick question So I did that.

The Girl Who Loved Too Many Men

Forgive me I still love Every man I've ever loved I've been told I'm queer But I consider myself very feminine Where is my mind Why do I not feel guilty Or like I owe anyone anything It was good seeing him I can't forget the way He kissed me and held me But he couldn't satisfy me And I'm too much for him

The Girl Who Always Got Picked Up at the End of the Night

He made it very clear He does not want to be in a relationship with me But I am welcome to be In his life. It's so hard Loving someone Who your supports don't like But it's my fault Just as much it is his. I can search for him All over town And he'll still pick me up At the end of the night.

The Girl Who Cried with Sparkly Eyes

I'm not perfect But I needn't be Call me at midnight And pour me a cup of tea When two past lovers Share a kiss She is happy He will be missed She has sparkly eyes Looks like she wants to cry She knows she knows And accepts her fate Heaven, They'll let me through the gate

The Girl Who Couldn't Let Go

He knew She could not move on Stuck on winning A losing game That's what he loved About her The loyalty She had stuck in her veins For him 'I'm not what makes you special' She knows And she knows she wishes She hadn't been so sick Because she forgives him For no being able to handle it Was he my lover at the time Or the cause of my rein?

The Girl Who Was an Easy Target

Is he right? I mean am I right That he is just using me because he knows I'm an easy target Would I let him? Is he not responding Because he's not interested? Has a secret life? At work? Bad at communication? It would be fine if we hadn't made plans I'm up all night waiting For you up all night

The Girl Who Became the Tree

I'm afraid to mention Any of my personal details In writing But will spill my thoughts And emotions Why do I care I liked him a lot And the rejection hurts But it's not that I want him I feel silly Creative in its final form I'm shadowing now Can't break it down Did the tree make a noise If no one was there For the tree to communicate with?

The Girl Who Reached into the Jar

I am no one's An illusion until request Past resolution lead me to Believe in a faith of A statue untrue I know my mind is haunted And my personality attuned I've reached my hand Into the jar My fist doesn't take Me far I wonder where You are

The Girl Who Wished She Knew

I told him I couldn't love him Just for the night 'But I will see you soon' If the stars align right Is my hysteria A profit of my femininity? Do I replicate my existence Out of fear Into others To comfort me? I wish I knew What I want I wish I knew What I want I wish I want People to respect me.

She loved and she broke and she waited to be held. These are the poems of the girl who never stopped longing and finally learned to stay with herself

Stay as long as you need. Come again if you leave. You are held here.